

<b>Total Worn</b>	<b>1,097</b>	<b>1,137</b>	<b>2,234</b>
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<b>Consumables</b>	<b>4,983</b>	<b>5,547</b>	<b>10,529</b>
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<b>Total Carried</b>	<b>11,076</b>	<b>11,694</b>	<b>22,770</b>
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<b>Base Weight</b>	<b>6,094</b>	<b>6,148</b>	<b>12,241</b>
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**CLOTHING**

Item	Q	Wt. (g)	W	S	K
Salomon Speedcross 4 Shoes	1	600	✓		
Walmart Sandals	1	80		✓	
Darn Tough Socks	2	62	✓	✓	
ExOfficio 6" Boxers	1	69	✓	✓	
Arc'teryx Stradium Pants	1	200		✓	
La Sportiva Trail Shorts	1	88	✓		
Voormi River Run Hoodie	1	163	✓		
Arc'teryx V Neck Shirt	1	130		✓	
MH Ghost Whisperer Jacket	1	212		✓	
Arc'teryx Squamish Hoody	1	155		✓	
Montane Prism Gloves	1	54		✓	
Salomon Trail Gaiters	1	42	✓		
CDT Bandana	1	25		✓	
Salomon XA Cap	1	38	✓		
Julbo Vermont Glasses	1	35	✓		
Item	Q	Wt. (g)	W	S	K
Salomon Speedcross 4 Shoes	1	600	✓		
Xero Lightweight Sandals	1	280			✓
Darn Tough Socks	2	64	✓		✓
Berlei Underwear	2	16	✓		✓
Patagonia Bra	1	118	✓		
Arc'teryx Stradium Pants	1	200			✓
Patagonia Trail Shorts	1	68	✓		
Voormi River Run Hoodie	1	156	✓		
Patagonia Capilene Mid Zip	1	181			✓
MH Ghost Whisperer Jacket	1	206			✓
Montane Minimus Stretch Shell	1	218			✓
Patagonia Leggings	1	120			✓
Montane Prism Gloves	1	50			✓
Salomon Trail Gaiters	1	42	✓		
CDT Bandana	1	25			✓
Salomon XA Cap	1	38	✓		
Julbo Vermont Glasses	1	35	✓		

**STORAGE & CARRY**

Item	Q	Wt. (g)	S	K
Coach Edition Zimmerbuilt	1	1,030	✓	
Gossamer Gear Mariposa	1	927		✓
Platypus 2L Platy Bottle	2	35	✓	✓
Platypus .75L Preserve Bottle	1	24		
ZPack Travel Pouch	2	23	✓	✓
ZPack Small Stuff Sack	4	5	✓	✓
ZPack 12L Drybag	2	34	✓	✓
ZPack 12L Food Drybag	2	46	✓	✓

**KITCHEN**

Item	Q	Wt. (g)	S	K
Kovea Titanium SL Stove	1	59		✓
BIC Mini Lighter / 1.5m Tape	1	17		✓
Evernew 1.4L Pot / Pan	1	200		✓
MSR Titanium .85L Kettle	1	125		✓
MSR Titanium .4L Mug	1	55		✓
MSR Stove Heat Shield	1	24		✓
Sawyer Squeeze	2	85	✓	✓
Snowpeak Titanium Spork	2	15		✓
Percival Pocket Knife	1	88	✓	
Deejo L Pocket Knife	1	37		✓
Generic Half Sponge	1	5		✓

**SAFETY & NAVIGATION**

Item	Q	Wt. (g)	S	K
Personal / First Aid Kit	2	300	✓	✓
Vargo Titanium Whistle	2	6		
Casio Riseman Watch	1	63		
UrSack Bear Bag	1	215	✓	✓
Bear Spray	1	362	✓	✓

**SHELTER**

Item	Q	Wt. (g)	S	K
HMG Echo II Cuben Tarp	1	258	✓	
HMG Echo II Cuben Beak	1	135	✓	
HMG Echo II Mesh Inner	1	436		✓
Tyvek Ground Sheet	1	100	✓	
DAC Aluminium V Stake	8	13	✓	
Vargo Titanium Shepard Stake	4	8	✓	

**SLEEPING**

Item	Q	Wt. (g)	S	K
ZPack -12°C SM Sleeping Bag	2	583	✓	✓
STS UL Insulated Sleeping Mat	2	498	✓	✓
Custom Pillow Cases	2	32	✓	✓

**EQUIPMENT**

Item	Q	Wt. (g)	S	K
MSR Trekking Pole	2	224	✓	✓
Thermarest Z Seat	2	56	✓	✓
Vargo Titanium Trowel	1	25		✓
Tenkara Rod / Line / Flies	1	80	✓	
Leica Monovid Monocular	1	114	✓	
Playing Cards / Dice	1	111		
STS Nano Headnet	2	11	✓	✓

**ELECTRONICS**

Item	Q	Wt. (g)	S	K
Nitecore NU25 Headlamp [0.6Ah]	2	33	✓	✓
Fuji XE-3 / 18mm Camera [1.2Ah]	1	513	✓	
Apple iPhone 8+ Phone [2.7Ah]	1	245		✓
inReach Explorer+ GPS [2.9Ah]	1	216	✓	
Anker PowerCore Battery [10Ah]	1	203		✓
Generic Headphones	1	25		✓
Dual USB USA Charger	1	46	✓	✓
Anker Charging Cable	2	13	✓	✓
Bolt USB Lighter	1	80	✓	

**WATER**

Item	Q	Wt. (g)	S	K
Water 1L	4	1,000	✓	✓
Booze .5L	1	850		

**FOOD**

Item	Q	Wt. (g)	S	K
Breakfasts	6	160	✓	✓
Lunches	6	80	✓	✓
Dinners	6	300	✓	✓
Hot Beverages	6	50	✓	✓
Snacks	6	200	✓	✓
Larder	2	500	✓	✓

**CONSUMABLES**

Item	Q	Wt. (g)	S	K
MSR IsoPro Fuel	1	364		✓
Toilet Paper / Wet Wipes	1	150		✓
Hand Sanitizer	1	25	✓	✓
Sunscreen	1	50	✓	
Soap	1	50		✓
Toothpaste	1	50		✓
Body Glide	2	50	✓	✓

	SAM	KATE	TOTAL
<b>CLOTHING</b>	1,049	1,440	2,489
<b>STORAGE &amp; CARRY</b>	1,178	1,075	2,253
<b>KITCHEN</b>	173	637	810
<b>SAFETY &amp; NAVIGATION</b>	589	589	1,177
<b>SHELTER</b>	629	436	1,065
<b>SLEEPING</b>	1,113	1,113	2,226
<b>EQUIPMENT</b>	485	316	801
<b>ELECTRONICS</b>	878	542	1,420
<b>WATER</b>	2,000	2,000	4,000
<b>FOOD</b>	2,870	2,870	5,740
<b>CONSUMABLES</b>	113	677	789