



Walk the Bibbulmun Track

Feel the spirit of Australia's South West



1-2 days

Head for the Hills

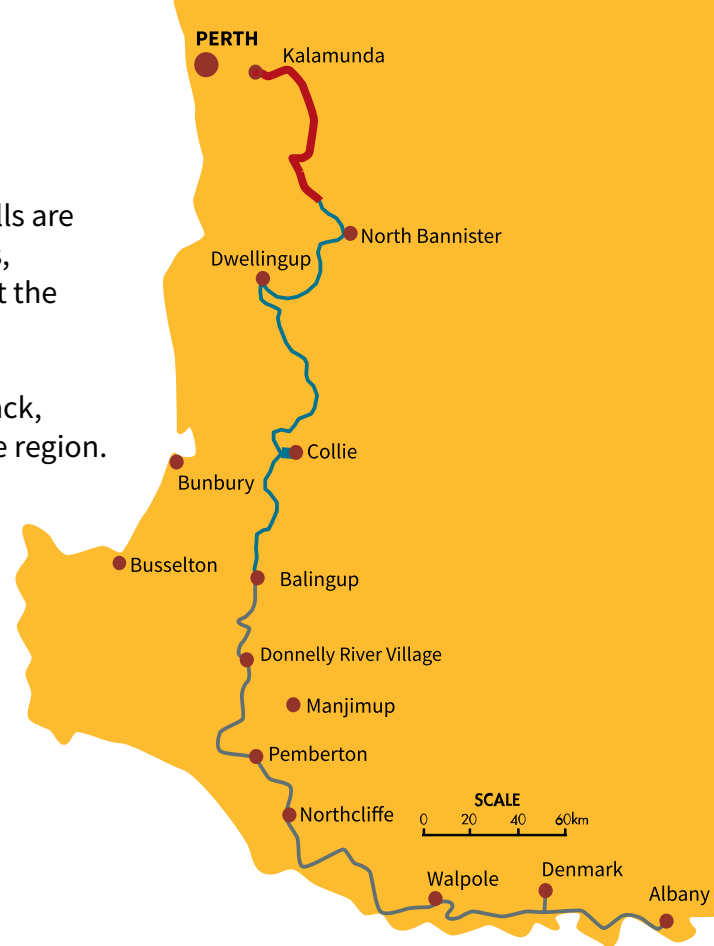
Mundaring to Mount Cooke

Head for the Hills

Located just 45 minutes from the Perth CBD, the Perth Hills are home to historic towns, beautiful jarrah and marri forests, and the Bibbulmun Track's Northern Terminus - making it the perfect place for a two-day Track adventure.

Each day of this trip includes a scenic day walk on the Track, as well as stops at interesting sights and attractions in the region.

Whether you complete the full trip or just a day walk, this itinerary will help you to explore some of the highlights of the Bibbulmun Track and Perth Hills.



The Perth Hills offer plenty to see and do



Bickley Valley orchards. Photo: Tourism WA



Golden View Lookout. Photo: Life of Py



Araluen Botanic Park. Photo: Tourism WA



Kalamunda History Village. Photo: Tourism WA

Day One - Mundaring Weir



Perth to Mundaring

Morning

Take Great Eastern Highway to Mundaring, where you could stop for breakfast or grab a coffee. From there it's a 10 minute drive along Mundaring Weir Road to the Perth Hills Discovery Centre where you'll find toilets and an information centre (open weekdays only). Look for the Bibbulmun Track signs heading north towards Mundaring Weir to begin your walk.



View over Lake CY O'Connor. Photo: Tourism WA

Day Walk One: Perth Hills Discovery Centre to Golden View Lookout

Distance: 12.4km return

Difficulty: Grade 3

Time: Half day

Starting point: Walk toward the amphitheatre surrounded by the buildings. Keeping the animal enclosure on your left and amphitheatre on your right, follow the trail markers.

Beginning from the Perth Hills Discovery Centre,

this return walk leads you through the beautiful jarrah forest of Beelu National Park, across the dam wall and up to the Golden View Lookout for a fantastic view over Mundaring Weir and Lake CY O'Connor.

This section of the Track also passes the historic Mundaring Weir Hotel, where you can enjoy a delicious pub lunch and a drink or two in the beautiful gardens. (For a shorter 8km walk, start and finish at the hotel.)

Afternoon

On the way back from your walk, visit the No. 1 Pumping Station at the base of the dam wall where you can learn about the history and controversy of the construction of the Weir and its pipeline, which transports water all the way to Kalgoorlie (entry fees apply).

Drive 20 minutes along Mundaring Weir Road to the charming town of Kalamunda where you'll find the Northern Terminus of the Bibbulmun Track. Check out the Zig Zag Cultural Centre for handy information on nearby attractions and to see impressive works from local artists. Next door you'll find the Kalamunda History Village, where you can get a glimpse into life in the hills during the 1890s.

Alternatively, take a drive around the Carmel and Bickley Valley region and sample the wares of local orchards, wineries, and cideries.



Mundaring Weir

Evening

There are plenty of accommodation options to choose from in the Perth Hills, from historic hotels and B&Bs, to self-contained chalets and eco-spas. For a real hills forest experience, you can even camp at the Perth Hills Discovery Centre - the starting point of today's walk. Check out [our website](http://www.bibbulmuntrack.org.au) to find Walker Friendly Business.

Day Two - Mount Cooke



Mundaring to Mount Cooke

Morning

You'll need a full day to complete today's walk, so be sure to set off early! Take Albany Highway to the Sullivan Rock picnic area, which is about 9.5km south of the turn-off for Jarrahdale Road. At the picnic site, when it's safe, cross the highway and follow the Bibbulmun Track signs to begin the walk.



View from summit of Mount Cooke. Photo: Laughing Ladies

Day Walk Two: Sullivan Rock to Mount Cooke

Distance: 16.5km return

Difficulty: Grade 4

Time: Full day

Starting point: Opposite the Sullivan Rock picnic area, which is about 9km south of the Jarrahdale Road turnoff. Watch for the hiker warning traffic signs as well as an orange Bibbulmun Track sign on the left with the picnic area opposite on the right.

This section of the Track takes you to the peak of Mount Cooke, which is the highest point in the Darling Range (582 metres above sea level). On your way up, you'll cross Sullivan Rock, a mossy granite outcrop; pass through sheoak, banksia and jarrah forest and weave around huge boulders. Along the way, a walkers' campsite offers a shady spot for a break before the big climb. Once you reach the summit of Mount Cooke, your hard work will be rewarded with fantastic views over the Darling Ranges and beyond.



Waterfalls of Araluen Botanic Park. Photo: Tourism WA

Afternoon

Once you've completed your walk, return up Albany Highway to make your way back to Perth. If it's not too late, turn right onto Canning Dam Road and pop into Araluen Botanic Park to enjoy a stroll amongst the park's beautiful waterfalls, creeks and beautiful landscaped gardens.

Alternatively, continue your drive south and explore more of the Bibbulmun Track with one of our other itineraries.

Important Information



Before you go

Here is a list of things you need to do, pack and think about before you go for a day walk.

- Wear good walking shoes, comfortable loose fitting clothes, and a waterproof/windproof jacket.
- Take a watch, wear a sunhat and use sunscreen.
- Pack a bottle of water (1-2 litres depending on distance, terrain and weather).
- Pack a basic first-aid kit and blister kit.
- Pack snacks and lunch.
- Use only appropriate access points.
- Check the current [Track Conditions on our website](#).
- Tell someone where you are going and what time you expect to return.
- Please note that not all sections of the Track have a phone signal.
- Many of these walks can be found on the [Trails WA website](#) – or download the [Trails WA App \(iOS only\)](#).
- For more tips, visit our [Day Walks – Getting Started webpage](#).

Remember, your safety is our concern but your responsibility

Along the Track

The yellow Waugal trail markers clearly show the way along the Bibbulmun Track. The Waugal, or Rainbow Serpent, is an important spirit from the Aboriginal Dreamtime responsible for the creation of the rivers, waterways and landforms around WA's South West.



Tread Softly

The Bibbulmun Track will lead you through some of the most beautiful and pristine landscapes in the South West, and we ask all walkers to respect the natural and cultural heritage of the area.

While exploring the Track, please follow the seven Leave No Trace Principles:

1. Plan ahead and prepare.
2. Travel and camp on durable surfaces.
3. Dispose of waste properly.
4. Leave what you find.
5. Minimise campfire impacts.
6. Respect wildlife.
7. Be considerate of other walkers.



In other words, please leave the Track in better condition than you found it.

That way we can make sure that you and others can enjoy the beauty of the Bibbulmun Track now and in the future.

Please note that dogs are not permitted in National Parks. They should be restrained on a leash in State Forests, around the town and in local parks.

Important Information



Walk Grades

All walks in this itinerary are graded using the Australian Walking Track Grading System. Use the guide below and ask yourself 'is this walk suitable for me?'



Grade 1

No bushwalking experience required. Flat even surface with no steps or steep sections. Suitable for wheelchair users who have someone to assist them. Walks no greater than 5km.



Grade 2

No bushwalking experience required. The track is hardened or compacted surface and may have a gentle hill section or sections and occasional steps. Walks no greater than 10km.



Grade 3

Suitable for most ages and fitness levels. Some bushwalking experience recommended. Tracks may have short steep hill sections a rough surface and many steps. Walks up to 20km.



Grade 4

Bushwalking experience recommended. Tracks may be long, rough and very steep. Directional signage may be limited.



Grade 5

Very experienced bushwalkers with specialised skills, including navigation and emergency first aid. Tracks are likely to be very rough, very steep and unmarked. Walks may be more than 20km.

On the Track

If you spot any problems or changes to this walk, please email the details to friends@bibbulmuntrack.org.au so we can update it for those that follow in your footsteps.

If you enjoyed this walk, please help us keep it fantastic.

Regular maintenance is undertaken by around 300 volunteers managed by the Bibbulmun Track Foundation. If you enjoyed your walk please make a [donation](#) – or become a [member](#)... it's less than the price of a coffee each month.



Contact Us

Bibbulmun Track Foundation

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Web: www.bibbulmuntrack.org.au

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